## CLAIMS

What is claimed is:

1. A submersible water toy for stunt based activities, the submersible water toy comprising:

a main body portion constructed of a buoyant material;

the main body portion defining an upper deck surface upon which the user can stand or otherwise be supported;

the buoyancy of the main body portion operable to support at least a portion of the user's weight when submersed in a body of water.

- 2. The submersible water toy of Claim 1, wherein the main body portion is constructed of foam.
- 3. The submersible water toy of Claim 1, wherein the main body portion is constructed of an expandable polystyrene foam.
- 4. The submersible water toy of Claim 1, wherein the core is constructed of ethylene vinyl acetate.
- 5. The submersible water toy of Claim 1, further comprising a pair of convexly curved surfaces for opposing the feet of the user.

- 6. The submersible water toy of Claim 1, wherein the upper deck surface includes a generally planar central portion and front and rear ends which angle upwardly as they extend from the central portion.
- 7. The submersible water toy of Claim 1, wherein the main body portion has a length of approximately 31 inches, a width of approximately 8 inches and a thickness of approximately 2 inches.
- 8. The submersible water toy of Claim 1, further comprising a plastic shell substantially surrounding the foam core.
- 9. The submersible water toy of Claim 1, further comprising a plurality of buoyant panels that may be selectively attached to the main body portion to adjust the buoyancy of the toy.
- 10. The submersible water toy of Claim 9, wherein the buoyant panels are removably secured to the main body portion with elastic bands.
- 11. The submersible water toy of Claim 1, wherein the main body portion is generally disk-shaped.

- 12. The submersible water toy of Claim 11, wherein the upper deck surface is concave.
- 13. The submersible water toy of Claim 1, further including an inflatable bladder.
- 14. The submersible water toy of Claim 1, further comprising a motor for propelling the toy.
- 15. The submersible water toy of Claim 1, wherein the main body portion includes a substantially flat central portion.
- 16. The submersible water toy of Claim 15, wherein the central portion has a length substantially greater than a width.

17. A method of a user performing stunts in a body of water, the method comprising steps of:

providing a submersible water toy having a main body portion defining an upper deck portion;

submersing the water toy in the body of water;

positioning the user on the flat upper deck portion; and

supporting at least a portion of a weight of the user with the main body portion.